



SIKH
WELFARE
COUNCIL

SIWEC PULSE



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Advancing Our Mission Through Service, Compassion, and Community

As I look back on the vibrant pace of the last five months, I am deeply moved by the spirit of Sewa (selfless service) that continues to define the Sikh Welfare Council. From the open roads of our Ride2Serve 2026 expedition to the quiet, profound moments of dialogue within our prison outreach programmes, our mission remains clear: to build a community grounded in empathy, dignity, and opportunity for all.



Our flagship Ride2Serve 2026 was more than a test of physical endurance. It was a testament to our collective strength. Raising over \$307,000 is a significant achievement, but the true success lies in the solidarity shown by our 62 riders, marshals, and the countless supporters who cheered them on. These funds are vital lifelines that directly fuel our counselling, education, and welfare programmes, ensuring we can continue to walk alongside those who need it most.

A core pillar of our work is the belief that second chances are not just possible but necessary. Whether it was our meaningful dialogue with the Singapore Prison Service, honoured by the presence of SMOS Dr. Muhammad Faishal Ibrahim, or the reflection and hope shared during our Vesakhi outreach at Changi Prison, we are reminded that faith and community support transcend physical walls. We remain steadfast in our commitment to rehabilitation and are always looking for mentors and befrienders to join us in this crucial journey of reintegration.

Our commitment to the future, our youth and our seniors, continues to flourish. I was particularly heartened to see our "Letters that Fly" creative writing workshop and our digital literacy collaboration with NUS students bridging generations. By nurturing curiosity in our young ones and empowering our elders with the tools of the modern age, we are building a more inclusive and connected society.

Finally, celebrating 80 years of service with Istri Sat Sang (Central Sikh Temple) was a poignant reminder of the legacy we stand upon. Their milestone is a powerful testament to the enduring impact of collective purpose and selfless service.

We extend our heartfelt appreciation to Sikh Sewaks Singapore for inviting us to be part of Khalsa Week, a collaboration that significantly strengthened our collective efforts to care for and empower our community.

As we move forward into the second half of the year, I invite each of you to consider how you might contribute to this mission. Whether you have time to mentor, a passion for teaching, or expertise to share in our mental wellness initiatives, there is a place for you.

Thank you to our dedicated volunteers, donors, and staff, whose unwavering commitment makes this work possible. Together, let us continue to nurture a community where support is accessible, compassion is the norm, and the spirit of Sewa guides every action we take.

In Service and Gratitude,

Sharanjit Kaur

Chairperson

Sikh Welfare Council

Where Confidence Takes Shape: Young Storytellers Emerge at SIWEC Workshop

For many young students, writing can feel like a daunting task, a box to check on an academic list. On March 16, at the Central Sikh Temple, SIWEC aimed to change that perception with “Letters that Fly”, an enriching English Creative Writing Workshop. Our goal was simple: unlock the powerful, vital creative outlet that writing truly is.

What began as a quiet morning quickly blossomed into a vibrant exchange of ideas and imagination. Using engaging prompts, we watched as unsure young upper primary participants, given gentle encouragement, began to find their voice while exploring their imagination and storytelling skills. The key takeaway was the visible growth in confidence as they realized their thoughts and stories mattered, learning that creative writing is truly about giving shape to one’s own imagination.

We extend our heartfelt thanks to Rosvinder Kaur, a seasoned English educator with over 20 years of experience working with students and teachers across Singapore, for her patience, dedication and warmth in volunteering her experience to facilitate this inspiring session. This workshop powerfully demonstrates SIWEC’s commitment to the holistic development of our children, nurturing curiosity, and encouraging essential skills that go far beyond the confines of a classroom.



We warmly invite individuals who share our belief in nurturing young minds to step forward and be part of this journey. If you have a passion for teaching, mentoring, or simply creating meaningful learning experiences, we welcome you to volunteer with our Academic Excellence Programme. Reach out to us and help make a lasting difference - one workshop, one child and one story at a time.

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Community Dialogue Strengthens Support for Second Chances

SIWEC, in partnership with the Singapore Prison Service, hosted a meaningful dialogue on its Prisons & Aftercare Programme at the Central Sikh Temple on 17 March 2026.

The event, honoured by the presence of Associate Professor Dr. Muhammad Faishal Ibrahim, Senior Minister of State, Ministry of Home Affairs, convened Heads of Gurdwaras and Sikh community leaders to discuss strengthening support for inmates and ex-offenders.

Discussions focused on key areas of collaboration, including expanded religious and secular counselling, aftercare support, enhanced mentorship, and volunteer training, all aimed at building a stronger support network for those reintegrating into society. SIWEC Chairperson Sharanjit Kaur presented a token of gratitude to SMOS Dr. Faishal, reaffirming SIWEC's commitment to advancing rehabilitation and aftercare.



This engagement emphasized the powerful message that second chances are possible when the community acts with empathy and purpose. SIWEC invites passionate individuals to join this mission as mentors and befrienders, helping to provide encouragement and hope to those taking steps towards a fresh start.



Celebrating 80 Years of Sewa and Sisterhood: Istri Sat Sang's Milestone Anniversary

What does eight decades of dedicated service look like? On March 25, we found the answer as SIWEC proudly joined Istri Sat Sang, the women's wing of the Central Sikh Temple, for their 80th Anniversary. The spirit was palpable: over 250 Sikh women gathered under the powerful banner of "Ekta" (unity).

The celebration was a deeply spiritual tribute to an incredible legacy. Beginning in 1946, Istri Sat Sang's mission has always been to empower, starting with vital support like teaching sewing skills to Sikh war widows. Through continuous sewa (selfless service), they have been a pillar for strengthening families and uplifting the wider community.

The day was marked by the beautiful recitation of Sukhmani Sahib and inspiring kirtan shabads, reflecting a powerful, shared devotion. SIWEC was honored to connect with the sangat and recognize Istri Sat Sang's invaluable partnership and generous contributions to our welfare initiatives. Congratulations on this remarkable milestone—a true testament to collective purpose!

This milestone paid tribute to eight decades of dedication, with Istri Sat Sang's history dating back to 1946. Their legacy began with providing practical support, such as teaching sewing skills to Sikh war widows, demonstrating a foundational spirit of compassion and empowerment. This commitment to strengthening families and supporting the wider community remains at the heart of their work.

As part of our ongoing outreach, SIWEC was present to connect with the sangat and acknowledge Istri Sat Sang's invaluable partnership and generous contributions to SIWEC's welfare initiatives. We extend our heartfelt congratulations to Istri Sat Sang on this remarkable anniversary, a reminder that meaningful change is built through consistent Sewa (selfless service) and collective purpose.



Partnership in Action: SIWEC and Sikh Sewaks Unite for Community Care

SIWEC continued its vital community outreach throughout March 2026 through meaningful collaboration with Sikh Sewaks Singapore during the recent Khalsa Week from 21 March to 29 March 2026. Reflecting a shared commitment to sewa (selfless service), these efforts focused on three key collaborations:-

Ration Distribution Drive:

On 21 March, we partnered with Sikh Sewaks to bring essential supplies directly to families in need, reinforcing the message that the community stands with them during challenging times. Together, we provided ration packages to 30 families, ensuring they had access to basic necessities while strengthening the spirit of Sewa and Care.

Mental Wellness Talk:

During Khalsa Week on March 29, SIWEC collaborated with professionals for a Mental Wellness Workshop to improve community support. The session provided key insights on recognizing when individuals or families need help and encouraged open conversations about mental well-being.

Community Outreach:

In addition to the talk, SIWEC conducted GIRO donations outreach during Khalsa Week to the younger sangat encouraging monthly donations that will help our programs be financially sustainable.

We extend our sincere appreciation to Sikh Sewaks Singapore for their partnership and dedication, which has been instrumental in strengthening our outreach and ensuring help reaches those who need it most.



Ration Distribution with Sikh Sewaks



GIRO donations outreach at Central Sikh Temple

Creating Safe Spaces for Conversations That Matter

“Where do you even begin when someone close to you is struggling?”

This simple yet powerful question raised during the Mental Wellness Workshop at Khalsa Week captured a concern many of us may experience. We may notice someone we care about going through a difficult time, yet feel unsure of what to say, how to approach the conversation, or where to seek support.

The discussion served as an important reminder that supporting someone does not always start with having the perfect advice or solution. Sometimes, the first step is simply being present, listening without judgement, showing care, and helping someone feel supported as they navigate their challenges.

At SIWEC, we believe mental wellness begins with connection. Through our mental wellness support initiatives, we hope to bridge the gap between those who may be struggling and the support available to them. We aim to provide a safe and supportive space for individuals and families to explore their concerns and possible next steps.

To strengthen this effort, SIWEC is growing our Panel of Experts and welcomes qualified professionals who wish to contribute their skills and experience in supporting the community.

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Together, we hope to continue nurturing a community where conversations around mental wellness are encouraged, support is accessible, and compassion remains at the heart of sewa.



Bridging the Digital Divide: How NUS Students are Empowering Our Seniors

Imagine a classroom where curiosity crosses generations. That's exactly what happened when SIWEC partnered with two groups of National University of Singapore (NUS) students for their Community Engagement Module. The mission was simple: create practical solutions that truly help the community. The results? Thoughtful concepts for fundraising SIWEC's senior activities and, crucially, hands-on digital literacy training for our elders.

The digital literacy session was a vibrant success. The students, showing genuine interest in SIWEC's welfare programs, designed a simple, accessible curriculum. Seniors embraced the 45-minute sharing session with enthusiasm, quickly mastering new skills. The lively interest in everyday tools like Grab and even platforms like ChatGPT highlighted a clear message: technology can be approachable, practical, and empowering, regardless of age.

This collaboration is more than just a one-off project; it's a foundation for long-term growth. SIWEC is now working with the NUS professor to continue this partnership, building bridges across generations and institutions. It reminds us that impactful community work often begins not with large-scale programs, but with simple conversation and a willingness to learn from one another.

Our holistic approach to healthy aging ensures that elders remain physically active through sessions like Chair Zumba, mentally stimulated through curated workshops and talks, and deeply connected to their community.

Call +65 6299 9234 to Join us to embrace your golden years with vitality and purpose, staying fit and socially engaged in a supportive environment.



SIWEC's Ride2Serve 2026 Goes the Distance for Community

From March 27 to 30, 2026, 62 dedicated riders and 14 marshals pushed their limits in the flagship Ride2Serve 2026 fundraising expedition. Covering a challenging 518-kilometre route across Johor, Desaru, Mersing, and Batu Pahat, this four-day cycling journey was an inspiring display of endurance and unity in service.

The collective effort successfully raised a remarkable \$307,769.01. These vital funds are dedicated to sustaining SIWEC's essential community programmes, which provide crucial assistance in areas like educational support, financial aid, food relief, counselling, and eldercare services.

More than just a ride, the event emphasized the powerful message of second chances and community compassion, bringing together volunteers and supporters. The journey concluded with a heartfelt Homecoming celebration at the Central Sikh Temple on March 30, 2026, honoring the participants' commitment.



SIWEC extends its deepest gratitude to every rider, marshal, sponsor, partner, and donor who contributed to making Ride2Serve 2026 a resounding success. Your support is directly uplifting vulnerable individuals and families in our community.



Vaisakhi: A Message of Hope Delivered Behind the Walls

The timeless values of renewal, gratitude, and unity traveled to Changi Prison on 7 and 8 April 2026, as our dedicated volunteers hosted their annual Vaisakhi outreach programme for Sikh inmates.

The observance provided a crucial opportunity for spiritual reflection and connection. The atmosphere was deeply reflective and dignified, uplifted by the presence and prayers of the head priests from Central and Katong Gurdwaras. Their soulful hymns brought comfort and inspiration, reminding inmates that faith and community support transcend physical walls.

Sharing in the familiar practices of Vaisakhi, inmates received Karah Prasad and Channa, simple yet meaningful gestures that carried a powerful message of belonging and compassion.

For SIWEC, this programme is a vital extension of our commitment to rehabilitation and second chances. By providing spiritual support, encouragement, and hope, we walk alongside inmates on their journey towards reintegration. SIWEC remains dedicated to this mission and welcomes volunteers who are passionate about helping others rebuild their lives.



Join Our Mission: Volunteer for Aftercare & Rehabilitation

Help rebuild lives with hope and purpose. We welcome volunteers for our Prison Counselling & Aftercare Programme in these primary roles:

- Religious and Social Services: Provide spiritual and social support.
- Community Befriending: A 15-month commitment to support offenders before and after release.

Contact us at 6299 9234 to support this crucial mission.

YOU CAN MAKE A DIFFERENCE

A small contribution from you translates into huge benefits for the less fortunate. You can donate by:

- Making a One-off Donation
- Donating Monthly via GIRO
- A Memorial Donation - A thoughtful way to remember a loved one while giving support to others

One-off Donation:

Quick and convenient. Scan the QR code to donate



Download GIRO form:

Enable sustained support for long-term programs

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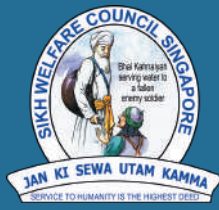
All qualifying donations will be granted a tax deduction of 2.5 times

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"selfless service is the highest form of devotion"

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**SIKH
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Our Services

24-Hour Helpline:
6299-9234

Family Support

Education Support

Eldercare & Active
Ageing

Bereavement
Support

Befriending
Support

Mental Wellness
Support

Prison Counselling &
Aftercare

If you or someone you know requires assistance or is interested in our services, please call us, e-mail us or come down to meet us at the SIWEC Office

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