

# SIWEC PULSE



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## Honouring 30 Years and Stepping into the Future

It is with a profound sense of humility and excitement that I address you today in my capacity as the newly appointed Chairperson of the Sikh Welfare Council (SIWEC). The transition of leadership marks a new chapter for our Council, effective July 2025. I wish to begin by extending my deepest gratitude to the outgoing Management Committee. Their commitment and tireless efforts have been instrumental in guiding the SIWEC through a highly successful term and ensuring a smooth, comprehensive handover.



This year holds special significance as we proudly celebrate our 30th Anniversary. To have reached this three-decade milestone is a powerful testament to the community's unwavering support.

As we stand on the threshold of 2026, I am filled with immense pride reflecting on the journey we've shared over the past years. Sikh Welfare Council has always been more than just a provider of services; we are a community built on the belief that when we show up for one another, extraordinary things happen.

In 2025, we saw a significant increase in the need for our family and education support. Thanks to the tireless energy of our volunteers and the generosity of our donors, we grew to meet these needs. Every success story in this newsletter vouches for the fact that our mission is working.

Our goal for the coming year is clear: to deepen our impact. To do this, we are focused on two critical pillars:

**Sustainability:** We are enhancing our fund-raising drive to ensure our core programmes remain free and accessible to those who need them most.

**Service Excellence:** We are refreshing our volunteer programs and operational systems to ensure our team is better supported and more effectively deployed across our various initiatives.

If you have time to give, please volunteer. If you can give financially, your contributions will directly fund our 2026 goals. And if you or someone you know, needs our services, please reach out. Our doors, and our hearts, remain open.

Thank you for being our backbone. Together, let's make 2026 a year of unprecedented hope and help.

In Service and Gratitude,

**Sharanjit Kaur**

Chairperson

Sikh Welfare Council

## THE SIWEC FAMILY

### Our New Leadership Team:

We are thrilled to formally introduce the newly elected Management Committee (MC) for the 2025–2027 term! The MC plays a pivotal role in charting the strategic direction of SIWEC, overseeing our financial prudence, and ensuring that all our programmes align with our core mission of providing compassionate welfare services and promoting the concept of Sewa (selfless service).



**Sharanjit Kaur**  
Chairperson



**Inderpal Singh**  
Vice Chairman  
(Admin)



**Jaspreet Kaur**  
Vice Chairman  
(Ops)



**Sukhbeer Singh**  
Treasurer



**Jaspreet Kaur**  
Secretary



**Harmit Singh**  
Assistant  
Treasurer



**Harbhajan Singh Ghosal**  
Member



**Rashminder Singh**  
Assistant  
Secretary



**Narindarjeet Kaur**  
Member



**Sulinder Singh**  
Member



**Asees Kaur**  
Member

### Our Dedicated Staff: The Heart of SIWEC

While the MC provides the strategic oversight, it is our compassionate and professional staff who deliver our critical services every day. They are the frontline workers who ensure that the principles of support, dignity, and care are translated into tangible assistance for every individual and family who walks through our doors.



**G.H.S. Kumar**  
Admin & Finance  
Lead



**Gurcharn Kaur**  
Operations Lead



**Alvin Dawson**  
Senior Social  
Worker & Counsellor



**Daljit Singh**  
Welfare Officer



**Tharjit Kaur**  
Welfare Officer



**Simran Gill**  
Communications &  
Outreach Executive

Together, the MC and the SIWEC staff are committed to working seamlessly to uphold our mission of Sarbat Da Bhalla (welfare of all).

# Unveiling the Transformed SIWEC Office

We are delighted to announce the successful completion of the major refurbishment of the SIWEC office at 2 Towner Rd, #06-02! This project marks a significant milestone in our commitment to continuous improvement and our mission to provide compassionate, inclusive, and culturally sensitive support to all individuals and families in need.

Our new space is not just an aesthetic upgrade; it is a strategic investment designed to create a more efficient, welcoming, and productive environment for both our dedicated staff and the beneficiaries we serve.

## The renovation focused on several key areas to optimize our operations and experience:

- **Improved Privacy and Confidentiality:** Recognizing the sensitive nature of the issues discussed in our Family Support and Counselling services, we have created a refurbished counselling room. This space ensures dignity and confidentiality, allowing for more effective and comfortable engagement with our staff.
- **Enhanced Staff Productivity:** The workspace for our staff has been completely redesigned with a focus on ergonomics and collaboration. New, modular workstations, better lighting, and open work area will foster better communication and increase our team's capacity to manage our growing range of programmes, from Eldercare to Prison Aftercare.
- **A More Welcoming Waiting Space:** The first point of contact is now brighter and more inviting. We believe a warm and professional welcome area sets a positive tone, reflecting the open and compassionate spirit of sewa (selfless service) that guides our work.
- **Modern Technology Integration:** We have upgraded our infrastructure to support new technology, including advanced video-conferencing capabilities and secure data management systems. This ensures we can connect with partners and beneficiaries more effectively and manage our aid distribution with greater efficiency.

We extend our heartfelt thanks to our generous donors and CSGB whose support made this ambitious renovation possible with minimal disruption to our services.

We invite you to drop by and see the new office for yourself! This modernized space empowers us to better fulfill our mandate of Sarbat Da Bhalla—the well-being of all—for many years to come.



# Launch of new website to connect better

We are delighted to announce the launch of our newly updated website, [siwec.org](http://siwec.org) - a refreshed, modern, and user-friendly platform designed to better serve our community and reflect SIWEC's 30 years of dedication to service (seva).

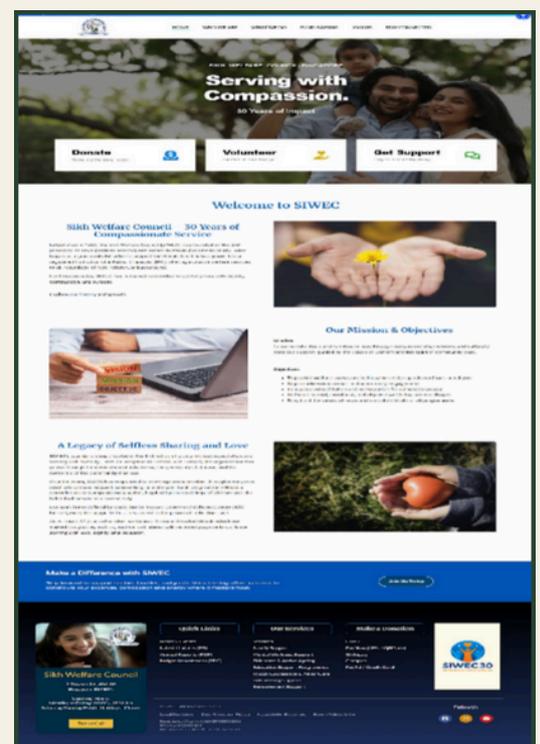
The enhanced site offers a cleaner layout, improved navigation, and a more welcoming experience for visitors of all ages. Whether you are a community member seeking support, a volunteer looking to contribute, or a donor wishing to make an impact, the new website makes it easier than ever to connect with us.

## Key Enhancements at a Glance

- **Modern, Clean Design** – A fresh, professional look that reflects SIWEC's mission, values, and growing community presence.
- **Improved Navigation** – Clearer menus and simplified pathways help visitors quickly find services, programmes, and resources.
- **Mobile-Friendly Experience** – Optimised for all devices, ensuring easy access on the go.
- **Updated Services & Programmes Section** – Each service now has clearer descriptions, contact points, and updated information for faster support.
- **Volunteer & Donation Pages Revamped** – More intuitive sign-up forms and a smoother donation flow make it easier to get involved.
- **Events & Highlights** – A section dedicated to upcoming initiatives, milestones, and community celebrations.
- **Stronger Visual Storytelling** – Enhanced photographs, community snapshots, and inspiring stories that showcase the heart of SIWEC's work.

As we mark SIWEC's 30th anniversary, this digital refresh is a meaningful step forward – strengthening how we communicate, engage, and continue our mission of uplifting the community through kindness, compassion, and seva.

We invite everyone to explore the new site at [www.siwec.org](http://www.siwec.org), share it with your networks, and stay connected with our latest updates, programmes, and events. Together, let us continue building a caring and supportive community for all.



## Retracing 30-Year-Old Route

In conjunction with Sikh Welfare Council's (SIWEC) 30<sup>th</sup> anniversary, the team of Cyclists called Ride to Serve (R2S), revisited an event from 30 years ago where a group of pioneering volunteers cycled from Ipoh to Singapore. They felt it was the perfect opportunity to repeat history and thus they did in February 2025.

On Sunday February 23 till Friday February 28, 2025, the resilient team of riders and volunteer support crew conquered the approximately 650-kilometre journey, setting sail first from the Central Sikh Temple in Singapore. The challenging ride was then flagged off at Wadda Gurdwara Sahib in Ipoh, following a route that included key stopovers in Bidor, Serendah, Port Dickson, Malacca, and Batu Pahat, before the final, triumphant crossing back into Singapore.



The motive underlying the 2025 Ride apart from paying tribute to the honorable pioneer cyclists 30 years ago, and commemorating 30 years of SIWEC, is to show that fund raising deserves special attention. R2S on an annual basis raises substantial funds for the present and future needs of the community. The funds generated by such initiatives directly support SIWEC's vital welfare services in Singapore.

We salute and truly appreciate the dedication of every cyclist and support crew member for embodying the spirit of community service and compassion.



## Family Fiesta: 30 Years of Service, Community & Togetherness

On 29 November 2025, we hosted a joyous and memorable Family Fiesta to commemorate 30 years of dedicated community service (Seva). This special occasion brought together families, volunteers, and supporters for a day filled with fun, food, and community spirit.

The event was a true celebration of togetherness, reflecting the values that have guided the Council for three decades. Guests enjoyed a vibrant array of activities, from engaging games for kids, entertainment to interactive performances, community sessions that highlighted the spirit of giving and service. Delicious food, homemade sweets and refreshments added to the festive atmosphere, ensuring that everyone—from the youngest to the most senior—felt welcome and included.



Behind the scenes, the success of the Fiesta was made possible through the tireless efforts of our dedicated organizing committee, volunteers, and staff. Their collaborative spirit ensured the day ran smoothly, offering an unforgettable experience for all.



This Family Fiesta was not just an event, but a heartfelt acknowledgment of the power of community, selfless service, and shared commitment. As we celebrate 30 years of Seva, it is the dedication of our volunteers, the support of our families, and the trust of our community that continue to inspire us to serve with compassion and purpose.

We look forward to many more years of meaningful service and community celebrations, building bonds and creating memories that last a lifetime.

**LEADING WITH PURPOSE**  
**SERVING WITH INTEGRITY**



# Inaugural Bereavement Volunteers' Training

On 23 August 2025, we hosted our inaugural Bereavement Volunteer Training at the Central Sikh Temple, marking a significant milestone in our ongoing commitment to compassionate community service. This pioneering session was designed to equip volunteers with the knowledge, skills, and sensitivity required to support families during their most vulnerable moments of grief and loss.

## A New Chapter in Volunteerism

This was the first training of its kind for SIWEC's bereavement programme. Volunteers who signed up for the initiative were required to sign our Code of Conduct and Confidentiality Agreement, underscoring the importance of professionalism and ethical standards. These commitments ensure that every volunteer upholds SIWEC's values while providing dignified and respectful support to families in need.

## Comprehensive and Compassionate Training

The workshop offered a holistic overview of bereavement care, including practical guidance on hearse driving, body preparation and washing, and –most importantly–empathetic communication. Volunteers were encouraged to approach every aspect of their service with care, presence, and unwavering compassion, ensuring that each family receives the dignity and reassurance they deserve.

Moments of grief are deeply personal and can feel isolating. Through this training, volunteers not only learned essential practical skills but also how to offer genuine presence and comfort—qualities that bring solace when it is needed most.



## Strengthening Our Mission

We are profoundly grateful to all volunteers who dedicate their time, energy, and hearts to this vital work. Your commitment strengthens SIWEC's mission to provide meaningful assistance and comfort to the community during life's most challenging times.

## Join Us

SIWEC warmly invites individuals to join this significant initiative. By offering your care, empathy, and expertise, you can make a lasting difference in the lives of those navigating loss.

To register as a volunteer, please visit our website or scan the QR code provided. For more information, visit <https://www.siwec.org/join-us/>



## Walking Together Through Grief - “From Loss to Light”

On 1 November 2025, we welcomed participants to the Singapore Khalsa Association for a transformative workshop, “Walking Together Through Grief – From Loss to Light.” This initiative was created to offer a compassionate space for individuals and caregivers to explore the complexities of grief and discover pathways to healing.



Grief is a universal experience, touching every aspect of our lives—heart, mind, and body. Whether arising from the loss of a loved one, a relationship, a job, or a significant life change, grief can feel overwhelming and isolating. SIWEC’s workshop was designed to help participants navigate these emotions with support, clarity, and community.

Led by experienced professionals from Assisi Hospice and HCA Hospice, the session delved into the meaning of grief, its emotional, mental, and physical impacts, and the many forms of loss beyond death. Attendees learned practical tools for coping and how to distinguish between grief and depression—an essential step in seeking appropriate support.

The morning was filled with meaningful conversations, shared experiences, and gentle reminders that no one has to walk through grief alone.

Feedback from participants showed that they found the event engaging and interesting. Many expressed appreciation for the interactive and supportive environment and shared that they look forward to more such sessions from the SIWEC team.

We extend our heartfelt gratitude to the speakers and panelist who guided the session with empathy and expertise:

- Ms. Goh Min Hui, Senior Bereavement Counsellor, Assisi Hospice
- Ms. Mia Lu, Counsellor, Assisi Hospice
- Dr. Chong Poh Heng, Medical Director, HCA Hospice (Panelist)



SIWEC remains committed to creating safe, supportive spaces that nurture healing and emotional well-being within our community. We thank all participants for their openness and courage in sharing their journeys, and we invite others to join future workshops and initiatives.

*For more information about upcoming events and support programmes, please visit <https://siwec.org>.*

## R2S 26 - A Ride to East Malaysia

In March 2026, SIWEC is proud to again anchor one of the most meaningful initiatives of the year to come. "R2S 26", is a charity cycling expedition designed to honour three decades of Sewa, community support, and the collective spirit that has shaped our organisation.

From 27 March to 30 March 2026, the R2S team of dedicated riders and support crew members, shall embark on a remarkable 518km journey across Malaysia, cycling through Johor, Desaru, Mersing, Batu Pahat and finally returning to Singapore.

Much more than just 518 kilometers of enduring challenges, "R2S 26" symbolizes compassion on wheels – a celebration of giving, resilience, and unity. It is a story of countless individuals who choose to serve, sweat, and sacrifice for the greater good. It's a testament to the Sikh Welfare Council's unwavering commitment to Sarbat Da Bhala—the welfare of all.

Be a Part of "R2S 26" – We invite one and all to cycle with R2S. The team welcomes participation from cyclists of all levels; whether a seasoned rider or someone stepping into long-distance cycling for the first time. Do remember that every rider contributes significantly to the greater cause- giving back to our very own society.

To register for Ride2Serve 2026, please scan the QR code provided. Your participation helps drive meaningful changes, one kilometer at a time.

If participating in long-distance cycling does not appeal to you, we welcome you to serve as a marshal. Marshals assist by handing out refreshments, supporting cyclists who are unable to proceed, and managing medical supplies, toolkits, and personal belongings. To register your interest, please scan the QR code provided. Thank You.

**"RIDE BEYOND BORDERS, SERVE BEYOND LIMITS!"**

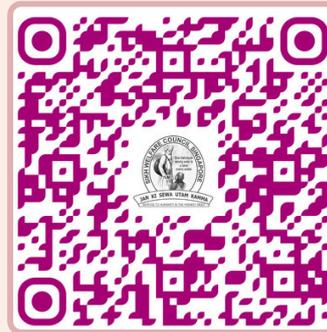
## YOU CAN MAKE A DIFFERENCE

A small contribution from you translates into huge benefits for the less fortunate. You can donate by:

- Making a One-off Donation
- Donating Monthly via GIRO
- A Memorial Donation - A thoughtful way to remember a loved one while giving support to others

One-off Donation:

Quick and convenient. Scan the QR code to donate



Download GIRO form:

Enable sustained support for long-term programs

**UEN: S98SS0018L**

All qualifying donations will be granted a tax exemption of 2.5 times

## BE A VOLUNTEER

*"selfless service is the highest form of devotion"*

Register Here





SIKH  
WELFARE  
COUNCIL

## Our Services

24-Hour Helpline:  
6299-9234

Family Support

Education Support

Eldercare & Active  
Ageing

Bereavement  
Support

Befriending

Mental Wellness  
Support

Prison Counselling &  
Aftercare

If you or someone you know requires assistance or is interested in our services, please call us, e-mail us or come down to meet us at the SIWEC Office

### Sikh Welfare Council

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