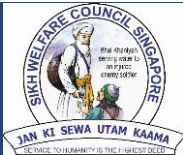


Annex A  
Annual General Meeting 2016



# SIKH WELFARE COUNCIL SINGAPORE

*JAN KI SEVA UTTAM KAMMA*  
*(Service to Humanity is the Highest Deed)*



# ANNUAL REPORT 2015

## Our Mission

To improve the welfare and well-being of the community.

To meet this mission, we have expanded our :

- Programs
- Scope of Support
- Assistance to the Needy

**BUT MORE NEEDS TO BE DONE**

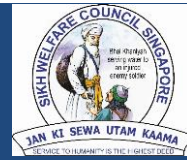


## Sikh Welfare Council (SIWEC)



- **Registered Institute of Public Character (IPC).** As such we do not only help SIKHS.
- A **full-member** of the **National Council of Social Services (NCSS)**
- **Provided access to NCSS/Comcare database**
- Does not belong to any individual or Sikh Institution, it belongs to the whole community.
- There is a greater need now for Welfare services due to the ageing population and economical/social challenges faced by the youth.
- Increase in the number of programmes/services we are providing.
- Works closely with other VWO's (AWWA, ASHRAM) and government agencies (SSO's ,FSC's ,SINDA ,MSF) to tap in on their resources and expertise.

**We are manning a 24 hour Emergency Hotline for the Community**



# UPDATE ON SIWEC SUPPORT SERVICES



# FAMILY SUPPORT SERVICES

## FAMILY SUPPORT SUMMARY OF CASES AS AT MAY 2016



	YEAR TO DATE	2015
<b>A. Number of Families at the start of the period</b>	16	18
<b>B. Additions of families during the Period</b>	4	3
<b>C. Reductions of families during the Period</b>		5
• Client supported by Children		2
• Client started working		
• Spouse / Children started working		
• Admitted to Nursing Home		
• Non Compliance with SIWEC Rules		
• Deceased		1
• Migrated / Referred Out		
• Other factors	1	2
<b>D. Number of Families at the end of the period</b>	19	16

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## FAMILY SUPPORT MONTHLY ASSISTANCE TO CLIENTS

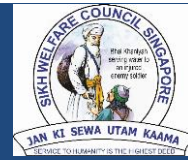


ASSISTANCE	No of Clients	May 2016 Amount		Year to Date 2016 Amount		2015
		FA	FR	FA	FR	
Financial Only	3	\$700		\$3,350		\$7,050
Ration Only	3		\$470		\$1,800	\$8,040
Financial & Ration	13	\$3,830	\$2,200	\$18,250	\$9,750	\$66,485
Sub-total		\$4,530	\$2,670	\$21,600	\$11,550	
Overall Total	19	\$7,200		\$33,150		\$81,575

**Total for 2014 : \$91,760**

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## Our Other Family Support Services



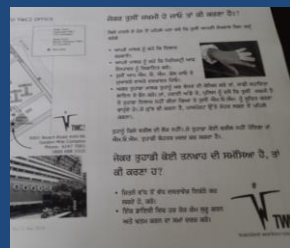
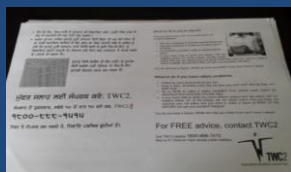
### Some of the areas SIWEC assisted included:

- Working with SSO's to find jobs for client or their spouse /child
- Mediation to help reconcile families
- General Counselling
- Improvement of furnishings in homes
- Cleaning / Maintaining homes
- Befriending

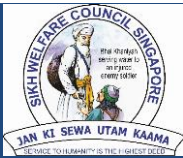
## Collaboration with TWC2



- SIWEC has also embarked on a collaboration with a non-profit organisation "Transient Workers Matter Too" (TWC2).
- They assist transient workers with any issues they may be facing
- SIWEC assisted them in translating their brochures into Punjabi and also have found them two volunteer interpreters.



**FAMILY SUPPORT**  
**AD-HOC CASES**



S/N	Type	Year to Date 2016		Last Year (2015)
		Local	Foreign	Total
1	Mediation with Employers	0	1	2
2	Mediation with Families	1	0	9
3	Counselling & Advise	5	0	30
4	Referral to Government Agencies	7	0	15
5	Others	2	3	13
	TOTAL	15	1	69

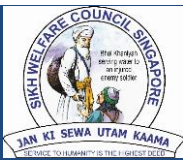
11

**EDUCATION**  
**SUPPORT SERVICES**



# EDUCATION SUPPORT

## Academic Excellence Programme

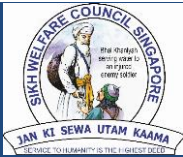


- Improve children’s performance in schools, particularly Mathematics, Science and English
- Partnership with Singapore Sikh Education Foundation (SSEF).
- Still seeking a fulltime Education Project Officer
- Currently supported by SIWEC Officer
- The Officer works under the guidance of the SSEF and will be funded by SIWEC
- Children in Primary 1 to 4 who need help have been identified and are being helped in the areas of:
  - Tuition for children
  - Assistance to families
  - Counselling
- 17 students have benefitted from this program and currently we have 33 students.



# EDUCATION SUPPORT

## Financial Assistance For Punjabi Education



- Supporting \$400 per student for school fees, books and uniforms
- Financial support given till date since 2014:

Year	2016	2015	2014
Amount	\$33,600	\$32,400	\$43,200

- Will continue in 2017 and beyond
- Holistic approach being adopted to determine if these students and their families need additional help.
- So far 3 families have already been identified

## EDUCATION SUPPORT

### Support for Children in Homes



#### Chen Su Lan Methodist Children's Home

- 1 Sikh child currently in the home
- SIWEC has arranged for a Punjabi tutor to assist her in their Punjabi Language
- SIWEC Secretariat staff keep in constant contact with the child/social workers to tend to the socio-emotional needs of the child.



#### Melrose Home Children's Aid Society

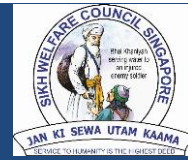
- There is currently one Sikh girl at the home
- SIWEC has arranged for a tutor to assist her in her Punjabi language



## ELDERCARE & SENIOR CITIZEN ACTIVITIES



## ELDERCARE SENIOR CITIZEN ACTIVITIES SUNHERI SAHELIAAN / SUNHERAY PAL



**LADIES: @ CST – STARTED IN 2014  
CURRENT YEAR 72 PARTICIPANTS**

**MIXED: @ SRST / SC – STARTED IN 2015  
CURRENT YEAR 27 PARTICIPANTS**



## ELDERCARE SENIOR CITIZEN ACTIVITIES SUNHERI SAHELIAAN / SUNHERAY PAL



- Aimed at providing seniors with a medium to meet and embark on mini-workshops, which empower them with skills that may help them cope with their ailing health.
- These mini-workshops are divided between other leisurely activities and outings. Examples of activities are,
  - Health talks
  - Flower arrangement classes
  - Talks on legal issues
  - Cooking classes
  - Talks on the new pioneer generation scheme
  - Visit to Sentosa
  - English speaking program for those unable to speak whereas for those who can speak English, they have games session.

## SENIOR CITIZEN ACTIVITIES

### SCOPE PROGRAM



- New Program "SCOPE" started in February.
- Due to over-whelming response we have started a second session in April.
- It is targeted to the younger working adults (Age: 50+)



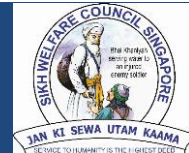
## SENIOR CITIZEN ACTIVITIES

### SENIORS TEACHING THE YOUNG ONES HOW TO MAKE PEDEES

#### Pedee Making

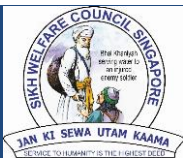


## LEARNING JOURNEY TO SCDF – FIRST AID 06<sup>TH</sup> APRIL 2016



## HEALTHCARE SERVICES

# HEALTHCARE AMBASSADOR PROGRAMME



### Our Objective

- To provide patients & their families with guidance in obtaining assistance from various health agencies
- to provide moral & emotional support
- to provide spiritual support.



### Creating Awareness

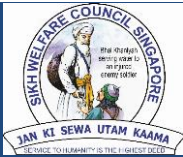
- SIWEC has written to all hospitals to inform them on our services.
- All institutions are encouraged to make periodic announcement during their programmes to alert the public of our services

### Source for Volunteers

- SIWEC currently has **15 active Health Care Ambassadors**.

Have engaged a part time staff to regularly visit and befriend patients and residents at homes.

# HEALTHCARE NUMBER OF VISITS



Visits	2016	2015
Visits to Institutions	82	195
Visits to Residences	27	38
Visits to Hospitals	27	56
Thye Hua Kwan Home	0	11
Total	136	300
Average Per Month	27.2	25

# HEALTHCARE

## SIKHS IN NURSING HOMES



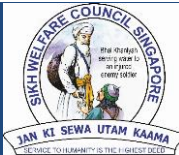
Institution	No of Sikhs				Reasons/Remarks
	2016	Add	Less	2015	
Ju Eng Home	1	0	0	1	Polio/ No family support
CDC	1	1	0	0	Old Age
TTSH - Ren Ci	2	0	0	2	Dementia/ Bedridden (ADL Dependent)
Jamiyah	4	0	0	4	Homeless/ No family support
Sree Narayana Mission	0	0	0	0	2 residents passed away in Oct & Nov
Moral Welfare Home	4	0	0	4	Dementia/ Disability
Ren Ci Nursing Home	2	0	0	2	Old age & Physically Challenged
Society for the aged sick Hougang	2	0	0	3	Destitute/ Dementia
Bukit Batok Home for the Aged	2	0	2	5	Destitute/ 1 Discharged
Residing in Own Homes	4	0	0	5	3 ladies (1 amputee) & 1 man (visited by ranjit)
United Medicare Centre	2	0	1	0	Destitute, Cancer, Alcoholic
TOTAL	24	1	3	26	

# PRISON

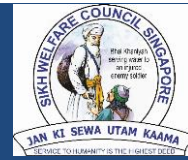
## COUNSELLING

## & AFTERCARE

## PROGRAMME



# Prisons/Counselling and Aftercare Programme



This program focuses on the following activities:

## While in Prison

- Provide spiritual and rehabilitative counselling to inmates.
- Address the needs of the inmates.

## Post Release

- Assist in finding meaningful employment through organisations like SCORE/SACA.
- Follow up counselling.
- Collaboration with aftercare associations like THE ASHRAM.

*Counsellors meet inmates on a weekly / fortnightly basis.*



# Prisons/Counselling and Aftercare Programme



## • Employed full-time Counselor

### • Focus for 2016/2017

- ☐ Ongoing weekly counselling sessions
- ☐ Counseling for families of inmates
- ☐ Befriending/Aftercare

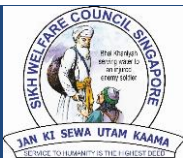
### • Events at the Prison Annually

- ☐ Vesakhi celebrations
- ☐ Guru Nanak Dev Ji's B'day Celebrations





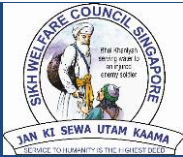
# REHABILITATION & AFTERCARE SESSIONS



Visits	May 2016	2016	2015
Number of Counsellors	16	16	14
Counselling Sessions	25	136	175
Inmates	48	49	46

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# FAMILY BEREAVEMENT SERVICES



# Family Bereavement Services



## SIWEC Guides Families in:

- Booking of the crematorium
- Arranging for the hearse and driver
- Assisting with obituaries
- Making transport arrangements for condolers
- Assisting in bathing the body
- Booking the Gurdwara for prayers
- Providing follow up grief counseling
- Foreign persons – repatriation assistance



# Family Bereavement Services



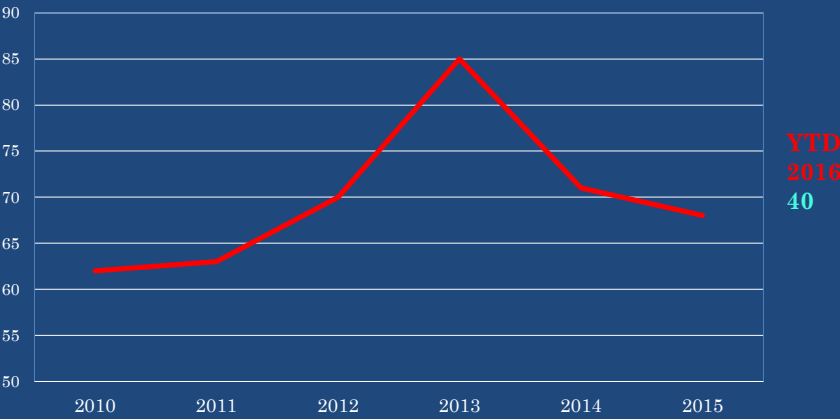
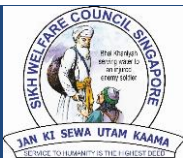
## SIKHI PROCEDURES at Crematorium:

- **MANY VARIATIONS NOW (Depends on Giani/Temple):**
  - Simran
  - Japji Sahib
  - Salok Mahal 9
- **RECITING OF KIRTAN SOHILA**

**CAN WE STANDARDISE THE PROCEDURE ?**

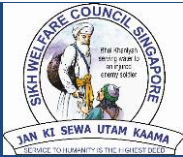


# Family Bereavement Supported Cases



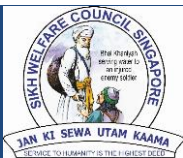
SIWEC not only tries to support the family during bereavement but also tries to help them save their cost.

# BEREAVEMENTS CREMATION ANALYSIS



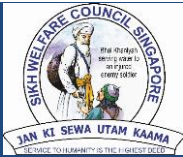
S/N	Gurdwara	2016 “Gender” Analysis			2016 “Day” Analysis		
		Male	Female	Total	Weekday	Weekend	Total
1	Central Sikh Temple	4	4	8	7	1	8
2	Silat Road Sikh Temple	1	2	3	2	1	3
3	Khalsa Dharmak Sabha	3	3	6	5	1	6
4	Sri Guru Singh Sabha	6	8	14	9	5	14
5	Pardesi Khalsa	1	0	1	1	0	1
6	Gurudwara Katong	1	2	3	3	0	3
7	Gurudwara Yishun	1	4	5	3	2	5
	TOTAL	17	23	40	30	10	40

**BEREAVEMENTS**  
**AGE ANALYSIS**



S/N	Age	YTD 2016			2015		
		Male	Female	Total	Male	Female	Total
1	Up to 40 years	1	0	1	4	2	6
2	41 to 60 years	4	3	7	11	7	18
3	61 to 70 years	2	4	6	5	2	7
4	71 to 80 years	4	8	12	3	11	14
5	81 to 90 years	4	6	10	6	10	16
6	Over 91 years	2	2	4	6	1	7
	TOTAL	17	23	40	35	33	68

**BEREAVEMENTS**  
**CAUSE ANALYSIS**



S/N	Cause	YTD 2016			2015		
		Male	Female	Total	Male	Female	Total
1	Cancer	1	5	6	2	8	10
2	Heart Disease	5	6	11	7	7	14
3	Pneumonia	3	3	6	13	8	21
4	Accident/ Injury	0	0	0	3	2	5
5	Others	8	9	17	10	8	18
	TOTAL	17	23	40	35	33	68

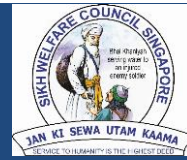


# OVERALL CLIENT SUMMARY

## SIKH WELFARE COUNCIL OVERALL CLIENTS SUMMARY



S/N	Programs	2016 YTD Total	2015 Total
1	Financial Assistance	20	21
2	Bereavement Services	40	68
3	Children Home	2	2
4	In House – Counselling	17	69
5	SIWEC Client Tuition Program	5	11
6	Academic Excellence Program	33	6
7	Prison Counselling	49	46
8	Healthcare – Institutional Homes	24	29
9	Healthcare – Residence	6	5
10	Senior Citizens Program	138	87
11	MOE – FAS Students	84	81
TOTAL		389	425



# SIWEC OUTREACH PROGRAMME 2016

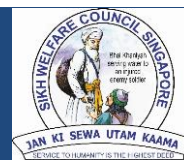
## SIWEC Outreach Programme



- Throughout the year, SIWEC has been presenting our programmes to the Sangat in the Gurdwaras / Sikh Institutions.
- We have also presented our activities and upcoming plans to the Management Committees of almost all the Institutions at their respective grounds.
- The last talk was conducted on 27<sup>th</sup> March 2016 at Pardesi Khalsa Dharmak Diwan.



## Other SIWEC Activities



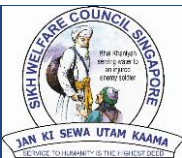
- Some of the activities conducted by SIWEC that benefitted the society at large include:
  - These included Welfare/Health days that encompassed:
    - talks on writing of wills
    - making a Lasting power of attorney (LPA),
    - Coping with Arthritis and a myriad of health checks.
    - Talk On Medishield life
- Planning another 3-4 activities this year.

## SIWEC Outreach Activities 2016



Location	Date	Events
PKDD	March 27	SIWEC Presentation to Sangat of Pardesi Khalsa
CST	April 10	SIWEC Booth set up to create awareness of programs
CST	April 12	Health Screening by NKF
Sunlove Home	June 25	Presentation of Cheque and Lunch for the residents sponsored by well wishers from Katong Gurudwara
SRST	July 06	Health Screening by NKF, Booth by SANA, Booth by SCS, Booth by SIWEC
CST	November 13-15	SIWEC Booth, NAMS Booth and lecture
Naam Ras @ EXPO	December 23-26	SIWEC Booth, NAMS Booth, AWARE

NKF: National Kidney Foundation  
 SANA: Singapore Anti Narcotics Association  
 SCS: Singapore Cancer Society  
 NAMS: National Addiction Management Services  
 AWARE: Association of Women for Action and Research



4. PRESENTATION & ADOPTION OF  
**2015 AUDITED FINANCIAL  
STATEMENTS**

**INCOME & EXPENDITURE  
JAN TO DEC 2015**



	2014	2015
<b>INCOME</b>		
Total Tax Exempt Receipt Income	\$461,115	\$462,348
Total Other Income	\$25,856	\$183,288
<b>TOTAL INCOME</b>	<b>\$486,971</b>	<b>\$645,636</b>
<b>EXPENSES</b>		
Total Operating Expenses	\$304,054	\$381,427
Total Administrative Expenses	\$74,783	\$98,977
Total Other Expenses	\$21,922	\$7,087
<b>TOTAL EXPENSES</b>	<b>\$400,759</b>	<b>\$487,491</b>
<b>SURPLUS / (DEFICIT)</b>	<b>\$86,212</b>	<b>\$158,145</b>

## Internal Audit Performance



Year	Score	Range	Conducted by
2015	90.0%	Excellent	Inderpal Singh
2013	72.5%	Good	Harnek Singh
2012	75.5%	Very Good	Inderpal Singh

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**Waheguru Ji Ka Khalsa  
Waheguru Ji Ki Fateh**

**A BIG THANK YOU  
TO ALL INSTITUTIONS FOR  
YOUR GREAT SUPPORT**

